



Our Woodland Legacy Symposium

Why Trees Matter

Thursday, December 10, 2020 • Virtual

- 8:00 a.m. **Registrants Sign in**, enjoy your own breakfast and beverages while viewing compelling information and beautiful photos
- 8:30 a.m. **Welcome**
Master of Ceremonies: Shannon Ramsay, Founding President and CEO, Trees Forever
Opening Comments: Mayor Nick AbouAssaly, City of Marion
- 8:45 a.m. **Planting Hope**
- 9:00 a.m. **Growing Resilience: The Opportunities of Trees**
Suzanne Bartlett Hackenmiller, M.D., medical director, Association of Nature and Forest Therapy
Dr. Kathy Wolf, Research Social Scientist, College of the Environment, University of Washington
This physician and researcher will share the latest research of how trees can promote calm and healing in communities, and why they are necessary for quality of life. They will help us appreciate the importance of trees in all times, good and bad, and at scale from individuals to community governance.
- 10:00 a.m. Break
- 10:10 a.m. Reconvene & Polling
- 10:15 a.m. **A Nature Narrative for Us All**
Dr. Kim Ruffin, Assoc. Professor, Roosevelt University and Founder, Cardinal Encounters
Introduction: Tamara Marcus, Linn County Sustainability Program Manager
Dr. Ruffin will discuss how past and present African-Americans' relationships with the outdoors can serve as a model for a future where ecological equity is pervasive.
- 10:50 a.m. **Small group discussion**
What did you learn from these speakers? What inspired you? What questions do you have?
- 11:05 a.m. **Q&A with morning speakers**
Moderator: Kimm Harris
- 11:30 a.m. **Lunch Break and Sharing Your Good Green News:** *Get your lunch and then briefly share your personal or organizational "green" projects in an interactive process.*
Moderator: Kimm Harris
- 12:00 p.m. Reconvene & Polling
- 12:05 p.m. **Welcome:** Mayor Brad Hart, City of Cedar Rapids
- 12:10 p.m. **Reforestation a Devastated Community: Principle and Priorities**
Jeff Speck, FAICP, FCNU, LEED-AP, Honorary ASLA, city planner and urban designer
Introduction: Jeff Pomeranz, City Manager, City of Cedar Rapids



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12:45 p.m. **Interactive Questionnaire**

1:00 p.m. **Breakout Sessions** (*participants will be channeled into sessions for which they pre-registered*)

Trees for your Community — A facilitated discussion of Cedar Rapids' ReLeaf project. Participation by anyone with input, or just curious about how to apply the principles to your community.

Moderator: Shannon Ramsay

Panelists:

- **Jeff Speck**, city planner, urban designer, author
- **Patrick Alvord**, Principal, Confluence Landscape Architecture, Planning and Urban Design
- **Scott Hock**, Director, Parks and Recreation, City of Cedar Rapids
- **Kathy Wolf**, Research Social Scientist, College of the Environment, University of Washington

Trees for your Property — Trees Forever experts and partners will present information and answer your questions regarding (re)planting your property (residential or commercial)

Moderator: Patty Reisinger, Field Coordinator and Membership Steward, Trees Forever

Panelists:

- **Olivia Dove**, Americorps/Growing Futures, Trees Forever
- **Jim Hoffman**, Monarch Zones Leadership
- **Jeff Jensen**, Northwest Iowa Field Coordinator, Trees Forever
- **Jean Wiedenheft**, Director of Land Stewardship, Indian Creek Nature Center

Trees for your Soul — An interactive session that will explore our human connection with trees

Moderator: Lisa Williams, Director of Development, Trees Forever

Panelists:

- **Suzanne Bartlett Hackenmiller**, M.D., medical director, Assn. of Nature and Forest Therapy
- **Dr. Kim Ruffin**, Associate Professor, Roosevelt University; Nature and Forest Therapy guide
- **Dr. Laura Weber**, Associate Director and Retreats Coordinator, Prairiewoods Franciscan Spirituality Center

2:00 p.m. **Reconvene & Polling**

2:05 p.m. **Final Thoughts from our Keynotes and Wrap-Up**

Moderator: Lynn Manternach, President, MindFire Communication

2:25 p.m. **Symposium Reflections:** M.L. Folkedahl-meehleder, Poet

2:30 p.m. **Closing Comments**, Shannon Ramsay

THANK YOU to our sponsors and our steering committee!